



with Simply Reiki • 608-572-1465 • E-mail: coppne@maqs.net

## SEVA Stress Release & Acupressure for Anyone Registration



NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

DAYPHONE \_\_\_\_\_ NIGHTPHONE \_\_\_\_\_

CELL PHONE \_\_\_\_\_ E-MAIL \_\_\_\_\_

Your instructor *Penny Negley of Simply Reiki* is an Independent Reiki Master Teacher, Soul Lightening International SEVA Teacher, Acupressure for Anyone Teacher

**Classes are 3 hours long and cost \$60 each.**

### Seva Stress Release Classes:

Please check the box for the classes you wish to take:

- Part One:** Seva for Self Care
- Part Two:** Seva for Care for Others (*Pre-requisite: Seva Stress Release: Part One*)

### Acupressure for Anyone Classes

Please check the box for the classes you wish to take:

- Great Central Channel** (*Pre-requisite: Seva Stress Release: Part One & Part Two*)
- Arms & Legs** (*Pre-requisite: Seva Stress Release: Part One & Part Two*)
- Head & Neck** (*Pre-requisite: Seva Stress Release: Part One & Part Two*)
- Abdomen & Chest** (*Pre-requisite: Seva Stress Release: Part One & Part Two*)
- Cold & Flu (Immune System)** (*Pre-requisite: Seva Stress Release: Part One & Part Two*)
- Harmony & Balance** (*Pre-requisite: Seva Stress Release: Part One & Part Two*)

**Minimum attendance requirement is 3 persons, maximum 10 for each workshop at Two Friends Healing Arts Studio. When we have enough students for a class we will contact you. (payment will be made when a class is formed)**

### Return Registration to:

**Penny Negley • 5 Main Street • PO Box 702 • Montello, WI 53949**

Questions? Contact Penny at 608-572-1465 or coppne@maqs.net

Gather a group of six or more people and Penny can bring the class(es) to you.